



## Grain Brain Slow Cooker Kitchen: : Top 70 Easy-To-Cook Grain Brain Slow Cooker Recipes to Help You Lose the Weight and Gain Total Health (a Low-Carb, Gluten, Sugar and Wheat Free Cookbook)

By Betty Moore

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Large Print. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. It is time to kick grain completely out of your diet. GRAIN BRAIN Slow Cooker Kitchen is a sure guide to Losing Belly Fat, Boost Your Brain Cells and Prevent Disease is a collection of fast and easy-to-cook recipes for anyone on a Grain Free Recipes, Gluten Free Recipe, Wheat Free Belly Recipes, Brain Health Recipe, Celiac Recipes, Autoimmunity Recipe, Low Carb Recipes, Sugar Free Recipes. GRAIN BRAIN Slow Cooker Kitchen Features the Top 70 delicious Grain Brain recipes for complete health and vitality, which will keep your brains vibrant and sharp while dramatically reducing the risk of debilitating neurological diseases. It will provides you with the necessary tools to create a gluten-free diet high in good fats and full of wholesome, flavorful foods. GRAIN BRAIN Slow Cooker Kitchen is a beginner s guide to the brain grain dieting. It will revolutionized the way you think about your health by exposing you to the devastating effects of wheat, sugar, and carbs on the brain and empowering you with the knowledge in making...



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