



## la cocina del quijote , con todas sus recetas

By Cesáreo Fernández Duro/ Miguel López Castanier.

Rey Lear, 2004. Encuadernación de tapa blanda. Book Condition: Nuevo. De las dos partes de que consta este libro, una, la que firma Cesáreo Fernández Duro , es un pequeño ensayo de elegante escritura nacido de la lectura del Quijote , y en el que, además de otras cosas, queda de manifiesto el vínculo que existe entre la literatura y la cocina. El arte de escribir y el arte de guisar se aproximan extraordinariamente. Así lo demuestra Miguel López Castanier en la segunda parte de la obra donde, gracias a su maestría de cocinero y restaurador, logra plasmar en recetas actuales más de medio centenar de platos perdidos en los fogones de la época del Ingenioso Hidalgo, que sorprenden hoy en día por su modernidad. El volumen se complementa con un elenco de ilustradores que, a lo largo de trescientos años, se acercaron al texto de Cervantes y encontraron en los pucheros y manteles alimento de inspiración para su arte.



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