



Driving with Care: Alcohol, Other Drugs, and Impaired Driving Offender Treatment; Strategies for Responsible Living: Participant's Workbook: Level 2: Therapy

By Kenneth W. Wanberg, Harvey B. Milkman, David S. Timkin

SAGE Publications Inc. Paperback. Book Condition: new. BRAND NEW, Driving with Care: Alcohol, Other Drugs, and Impaired Driving Offender Treatment; Strategies for Responsible Living: Participant's Workbook: Level 2: Therapy, Kenneth W. Wanberg, Harvey B. Milkman, David S. Timkin, Driving with CARE Therapy is a sequel to the Driving With CARE Level II Education program. It is designed for individuals who show definitive signs of AOD misuse and problems, with a higher arrest BAC and/or who have had prior DWI convictions. The core DWC Therapy curriculum is a 21-session, 42-hour structured program with extended treatment based on the degree of involvement in DWI behavior and level of AOD abuse. Extended treatment can vary from an additional 10 hours to as much as 44 hours. The treatment protocol intensifies the focus on the three areas of cognitive-behavioral learning and change: 1) self-control over feelings and emotions and behavior outcomes; 2) developing strategies and skills to manage and improve family and interpersonal relationships; and 3) developing strategies and skills to increase responsible behavior in the community. There is enhanced focus on understanding personal pathways to negative AOD outcomes and impaired driving, along with strengthening recidivism and relapse prevention skills.

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