



## Foods and Cookery and the Care of the House: First Lessons for Elementary Schools (Classic Reprint)

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By Mary Lockwood Matthews

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Excerpt from Foods and Cookery and the Care of the House: First Lessons for Elementary Schools This volume is intended for use in classes beginning the study of foods and cookery. It has been arranged for use in the elementary schools and does not presuppose any training in general science. It is strictly an elementary treatment of the subject. The book deals with foods, their selection and preparation, and the planning of meals from the nutritive, aesthetic and economic standpoints. The meal plan is used in order to make the meal the basis of the work. Through the Home Problems the home and school work may be correlated. The author appreciates the help given in illustrating the book by the United States Department of Agriculture, the United States Bureau of Standards, the Detroit Stove Works, and the Chambers Manufacturing Company. The author also gratefully acknowledges the criticisms and suggestions of educators who kindly read the manuscript. About the Publisher Forgotten Books publishes hundreds of thousands of rare and classic books. Find more at This book is a...



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