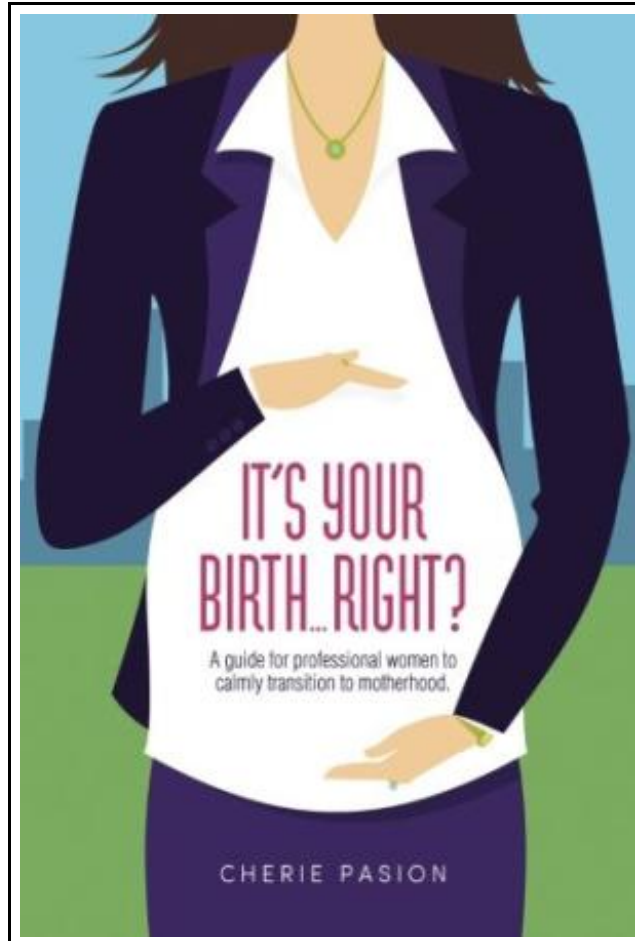


Its Your Birth. Right?: A guide for professional women to calmly transition to motherhood



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Reviews

*It is really an incredible publication which i actually have possibly read through. It really is written in easy phrases and not confusing. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Jodie Wehner)*

ITS YOUR BIRTH. RIGHT?: A GUIDE FOR PROFESSIONAL WOMEN TO CALMLY TRANSITION TO MOTHERHOOD

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Cherie Pasion. Paperback. Condition: New. 176 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. Having a calm transition to motherhood isn't just possible. It's your birthright. Becoming a mother is a time of wonderment and excitement. For many professional women, it can also be a time of uncertainty. Used to leading high achieving, successful careers, we can be left wondering what became of our identity and confused at our feelings of overwhelm over a tiny baby. *Its Your Birth Right* provides you, the modern professional with a roadmap to prepare emotionally for a calm and connected transition to motherhood. Given modern women operate in a predominantly masculine domain, *Its Your Birth. . . Right* provides strategies that will allow you to bring forward your feminine energy. It will help you find a balance that is crucial for when you step temporarily (or permanently) outside of your professional role to have and look after your newborn baby. Aimed to start you preparing during pregnancy, *Its Your Birth Right* gives you a connection compass to help you navigate your early motherhood journey, providing you and your baby the best start in motherhood and life. Modern professional women are strong, intuitive and capable, and you can bring these traits into motherhood. *Its Your Birth Right* will show you how. EDITORIAL REVIEWS A heart-felt read that took me on a journey of self discovery and deepened my understanding of the new me as a mother, strengthening my relationship with my daughter. This is not a survival guide to parenting, but rather a tool to break down the boundaries and build deep emotional connections with your child, yourself and your family. I recommend this book for all new mums and mums-to-be. Allison Muller, Director, Big Wave Ventures Cheries commitment to honouring her own process has infused this...



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