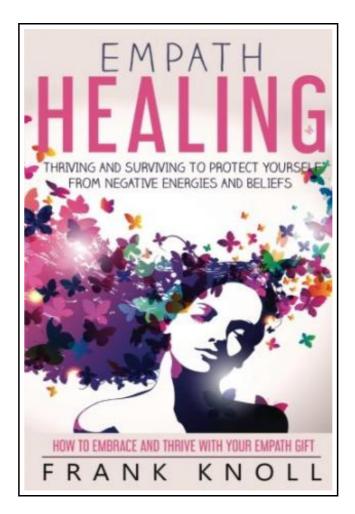
# Empath Healing: Thriving and Surviving to Protect Yourself from Negative Energies and Beliefs: How to Embrace and Thrive with Your Empath Gift (Paperback)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Empath Healing: Thriving And Surviving To Protect You From Negative Energies And Beliefs Are you interested in how you can increase the joy and happiness in your life? Are you currently looking for a way to change your life from within? Are you wondering why your mind continues to change as you meet new people? In this book, it will provide all that and more. Empath awareness and the understanding of what an Empath is. Learn how to enhance your life, develop your psychic abilities and your intuition as an Empath. Aim to discover your hidden potential within that you have at all times. These abilities are hidden and with this book, you will learn and be able to move forward to strengthen these abilities to achieve an amazing life. Here is what you will get with this book. Great Empaths throughout history. You re in great company!Common traits of an EmpathSurviving emotional vampires.Understanding a Psychic Empath.Shielding and clearing your energy.Empaths have rare and special gift. They are unique, intuitive, creative and most of all, they have the ability to feel what others feel. They are also highly psychic. They can communicate with nature and animals, and receive information from various objects. Many of them can sense the past, present and future states of the environment and the people in it. However, in exchange for these remarkable traits, many empaths suffer from too much negativity and find it difficult to cope with their empathic abilities. Why should you be interested in this book? This guide also coincides with a consistent meditation practice that combined can greatly benefit the practitioner. Experience a new and higher way to live life to it s...

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