



No Magic Bullet: Adventures in Restoring a Childs Mental Health

By Helen Black

FriesenPress. Paperback. Book Condition: New. Paperback. 152 pages. Dimensions: 8.9in. x 6.0in. x 0.2in. No Magic Bullet is part memoir, part guide and part resource. It follows the journey of the Black family as they find their way to overcome their sons physical and behavioral difficulties. The book describes the approaches the family utilized, outlining their experience with each. It explains practical actions any family can undertake to improve their childrens mental health. Along the way Helen discovered that our food supply and environment are implicated in the present day epidemic of childhood attentionalbehavioral disorders. Included is a very readable scientific overview connecting the mental health of children to plant and animal breeding, evolution and GMOs. This is a book of hope for any family dealing with a childhood behavioral issue including ADHD, Tourettes syndrome, autism spectrum disorder and bipolar disorder, describing ways their symptoms can be reduced and, in some cases, even eliminated. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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